

CRATER RIM
ULTRA



Bellbird Buster 30KM

Event Handbook 2023

Version 30.0 April 2023

80 KM | 53 KM | 30 KM | 22 KM | 10 KM
ULTRA CRATER RIM BELLBIRD BUSTER KIM CHALLENGE RAPAKI HUMBLE

CRATER RIM ULTRA

Thank you to our race supporters.....



More race supporters to be confirmed.....

The Crater Rim event proceeds financially and socially support community organisations.....



Welcome to your Crater Rim – Bellbird Buster journey!

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General

You've completed the first step on your Crater Rim event journey, this handbook will provide you with the information needed to make the next step in your Crater Rim event experience.

If this handbook does not answer your questions, please drop us an email but please don't be offended if we direct you back to the handbook – the CRU team are very busy and unable to answer every question (especially if the answer is in this handbook) 😊

Event Timetable

Saturday 30th September

Entries for the Crater Rim Ultra 80km, Crater Rim 53km and Bellbird Buster 30km close.

Saturday 14th October

13:00- 17:00- Registration Day @ Hansen Park, Christchurch
- Final entries to the Kiwi Challenge 22km and Rapaki Rumble 10km

17:00- Marshall and Volunteer Briefing

Sunday 15th October

4:50am - Crater Rim Ultra 80km- Race Briefing

5:00am - Crater Rim Ultra 80km Race Start

7:05am Crater Rim 53km- Race Briefing

7:15am- Crater Rim 53km- Race Start

9:05am- Bellbird Buster 30km- Race Briefing

9:15am- Bellbird Buster 30km- Race Start

9:15am- Kiwi Challenge 22km- Race Briefing

9:30am- Kiwi Challenge 22km- Race Start

10:00am- Rapaki Rumble 10km- Race Briefing

10:15am- Rapaki Rumble 10km- Race Start

12:45pm- Hansen Park Dash 1km/2km- Race Briefing

12:50pm- Hansen Park Dash 1km/2km- Race Start (Note: Race entries close at 12:15PM on the day)

13:45pm- Rapaki Rumble & Kiwi Challenge Awards & Spot Prizes (Hansen Park)

17:00pm- Bellbird Buster & Crater Rim Awards & Spot Prizes (Hansen Park)

19:00pm – Ultra Awards & Spot Prizes (Hansen Park)



Bellbird Buster 30km Timetable

Saturday

13:00- 17:00- Registration Day @ Hansen Park, Christchurch

Sunday

7:45am – Arrive at Hansen Park

7:55am – Buses begin to leave Hansen Park for Bellbird Buster 30km Start

8:35am Buses begin to arrive at Bellbird Buster 30km start (approx.)

8:35– 9:05am- Pre-race check in at Bellbird Buster 30km Start

9:05am- Bellbird Buster 30km- Race Briefing

9:15am- Bellbird Buster 30km- Race Start

17:00pm- Bellbird Buster & Crater Rim Awards with Spot Prizes (Hansen Park)

Registration

Saturday 14th October 13:00- 17:00- Registration Day @ Hansen Park, Christchurch

Registration – we require all entrants to register on Saturday in preparation for Sunday's event

Course maps- large maps will be available to view in race HQ marque.

Questions- the CRU team on hand to answer any final questions.

Sponsor stalls – those last-minute crucial race items will be available from our sponsor stalls.

Merchandise- If you ordered t-shirt, singlet, or other merchandise- pick it up here.

Things we will give you:

Race Bib Number

Race Briefing

Spot Prize Ticket (Bring to prizegiving)

Lunch Ticket (Lunch included in your entry fee)

Sponsor Goodies

Out of Towners

If you are coming from out-of-town and unable to make registration please make contact with the CRU team at:

secretary@porthillsathletic.org.nz



Compulsory gear

The compulsory gear is for your protection and safety.

This list of gear is the minimum requirement while competing, without the full list we cannot let you take part in the event.

If you have a bad injury and need to remain in one place, especially in poor conditions, for an extended period of time you will need all of these items, conditions are ever changing on the course.

Compulsory gear is in addition to the clothing you will be wearing on the day of the event.

Compulsory Gear List

- Seam sealed waterproof jacket (Seam sealed and constructed of durable material)
- Long sleeve thermal top (wool/polypropylene)
- Thermal pants - Full length thermal base layer pants
- Thermal hat
- Thermal gloves
- Emergency space blanket
- Whistle
- Compression bandage
- Ziplock bag for personal rubbish

Compulsory gear checks will take place at race registration on Saturday. Please bring your gear to registration to be spot checked.

Photo taken one week out from race weekend.



Race HQ – Hansen Park

Parking at Hansen Park

Hansen Park / Race HQ is very limited please arrange for alternative transport to the race HQ and finish line.

Facilities at Hansen Park

Hansen Park is used as the race headquarters and finish line for all events.

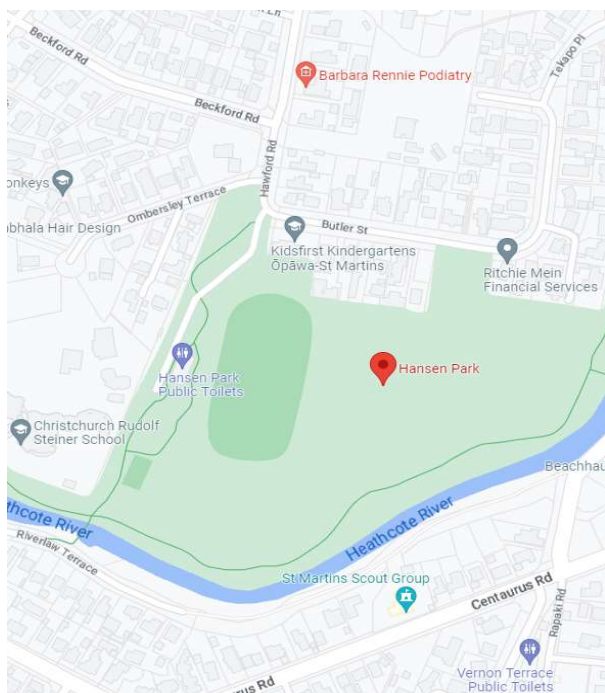
Race Day Services at Hansen Park:

- Toilets
- First Aid
- Coffee Vendor
- Ice cream Vendor
- Sponsor Stalls
- Water Supplies
- Sports/ Nutrition Drink

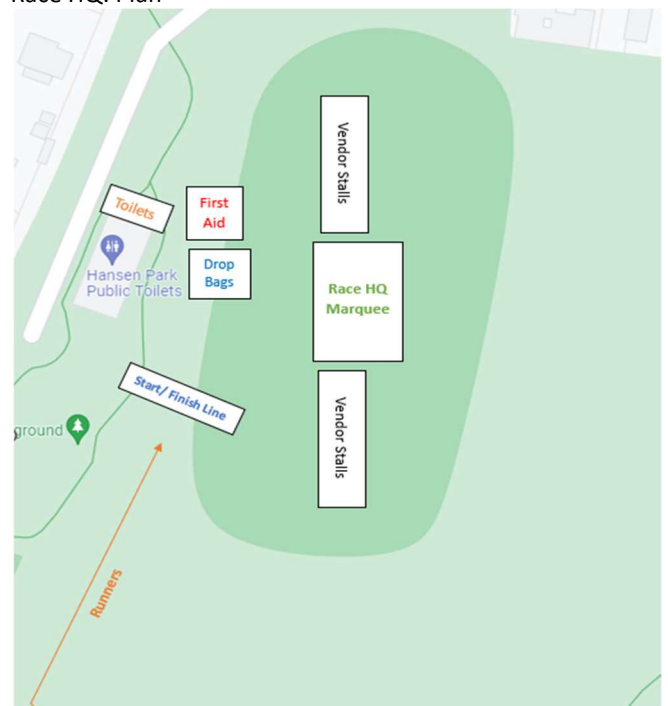
Hansen Park Location

Address: Behind- 8 Butler Street, St Martins, Christchurch 8023

Location:



Race HQ: Plan



Race Day

Start Line

It's race day!!

Waibl Farm is the official start line of the Bellbird Buster 30km.

Toilets will be available at the start line.

To ensure all logistics work, some entrants may have a period of waiting – please prepare to stay warm until the horn goes off!

CRU officials will have a dedicated vehicle to collect start line to collect bags ready for transport back to Hansen Park– further details below.

Start Line: Plan



● = Start Line Bag Trailer

● = Toilets

● = Pre-Race Check In

Transport

The Bellbird Buster 30km starts from Waibls Farm, near Gebbies Pass (Private land)

To get to Waibls Farm CRU provide your travel from Hansen Park to Waibls Farm within your entry fee.

Meeting at Hansen Park, Opawa you will be transported by bus to Waibls Farm. See timetable for Hansen Park arrival and bus departure times.

There is no parking at the Bellbird Buster 30km start line –arranging your own transport to the start line is not an option.

Pre-race check in

We operate a 'pre-race check in' to ensure we know who is out on the course – this is a safety procedure – please make time for this check in. Look for a desk with officials wielding clipboards.

Race Briefing

Race briefings will be held approx. 10 to 15mins before each race. The briefing will provide you with any last-minute changes and safety tips for your day ahead.



Race Start

Please remember to start in a position to match your ability, the race is a mass start but there is plenty of room to find your place. Start steady – finish fast & safe!

Race Bib Numbers

To assist our volunteer marshals on the day and ensure they don't need to stop you running please wear your race bib number on your front so it can be seen as you run through a checkpoint.

We use checkpoints to mark off your race numbers to ensure no-one is left on course.

If the weather isn't favourable a race number can be worn under a jacket but please open up your jacket at all marshal points.

Marshalls will ask you to stop and present your number if they can't easily view it. Please stop if asked to!

Start Line Bags

We have the option for competitors to take a small bag to the Bellbird Buster 30km start line.

This can be used to carry a warmer clothing until the race start.

The CRU team will transport all drop bags from the 30km start line at Waibls Farm back to Hansen Park for approx. 11:30am and placed in the drop bag collection area.

Start bags must be marked with your Name and Race Number.

The Course

The words

The start of the race sees runners head up a 4WD drive track (steep'ish here for 700m)

Runners follow course markers up a 4WD drive track and onto a narrow track, take care.

Follow markers all the way and until meeting Summit Rd.

Marshals here will guide you safely over road to the start of the Crater Rim Trail Track.

Runners stay on this trail (markers/trail guide the way)

Follow Crater Rim track around and along to the Hoon Hay reserve where marshals will assist runners across Summit Rd and on to grass trail.

Head through a small swing gate and runners will be guided up Worsley Spur Rd.

At the top of the road follow trail down Worsley Spur trail track following ribbon markers.

Marshals will direct you into The Chch Adventure Bike Park.

Runners will follow the "Uphill Track" for approx. 1.3km (during this ascent there will be 5 mountain bike track crossings as you stay on the Uphill Track look out for cyclists- its very well sign posted)

Runners will come back out near the top of Worsley Spur trail again.

Retrace their steps back down Worsley Spur Road

Marshals will guide runners back onto the Crater Rim Trail Track.

Runners follow this trail out to Summit Rd.



Marshals will assist runners across Summit Road and back onto a track that takes you around to Coronation Reserve. Runners continue to follow trail staying right and going behind the Sign of the Kiwi Cafe where trail comes out at monument beside Sign of Kiwi café.

Traffic Management will assist runners' across Dyers Rd to Sugar Loaf Scenic Reserve.

Runners climb steps up and onto Cedrics track following course marker ribbons all the way up to Sugar loaf car park – Aid station.

Marshals will guide runners along behind wooden bollards and back onto Crater Rim Walkway.

Trail takes runners over fence, stay on the right side trail here and onto a T section in trail (in approx. 100m).

Runners turn left onto Gilpins Track towards Rapaki Track.

Stay on lower trail track (above Summit Rd), follow course ribbons on the trail round and onto Mt. Vernon track all the way back to Rapaki Track (above Summit Rd) Aid station 3 is located here- mobile toilet also avail.

When you arrive back at Rapaki track/Summit Rd,

Head down the Rapaki Track until you see marshals where you will be guided onto the Montgomery Spur Bike track.

Runners will follow markers and run clockwise over this 4k loop track back to Rapaki Track.

Runners then directed by Marshals head down to Centaurus Rd.

Marshals will meet runners at the bottom of the Rapaki Rd and direct them left, crossing Vernon Terrace.

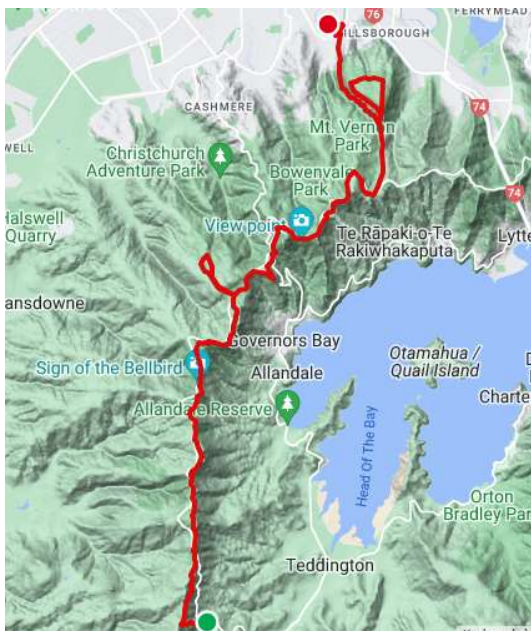
Traffic management will cross runners over Centaurus Rd opposite Scout Den. (

Turn right at river where track markers guide runners back along river and turn right over Aynsley Terrace bridge.

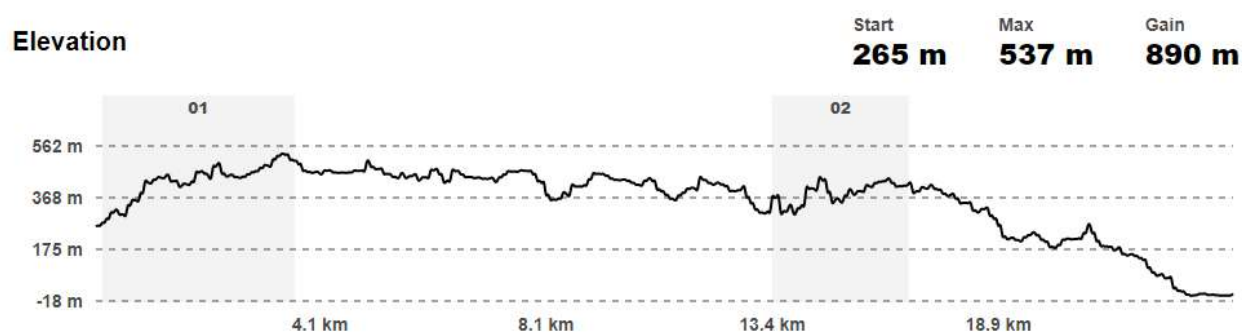
Turn left onto footpath and back into Hansen Park – following the sealed path around to the finish line.

Finished!

The Map



The Ups & Downs



Map available: <https://www.craterimtrailrun.com/bellbird-buster-30km.html>

Aid Stations

- 9 km - Ohinetahi Bush Car Park
- 17.5km - Sugarloaf Reserve Car Park (Comms Tower Car Park)
- 21km - Top of Rapaki
- 30km - Finish – Hansen Park

Aid stations will provide the following (subject to change):

- Water
- Sports/ Nutrition Drink
- Flat Coke
- Lollies
- Pineapple and Watermelon (subject to availability)
- Oranges and Bananas
- Chips

From 2023 onwards aid stations will not use paper/ plastic cups – please arrange your own cup/ flask/ bladder to use the water and Tailwind at the aid stations – or even better check out our website merchandise for a Crater Rim soft re-usable cup.

Support crews and Viewing points

If you wish to take aid from your own supporters this must be done at one of our designated Aid Station areas, we say this because much of the course is inaccessible and where it is there is limited parking etc. Safety to entrants, supporters and public is a priority.

Our aid station areas are the best place for your family and “fans” to cheer you on – other good viewing spots would be Sign of the Kiwi café, Sign of the Bellbird carpark and Hansen Park.

There are no safe viewing areas on the longer courses prior to the Sign of the Bellbird.

Please bear in mind that all aid stations and viewing areas have limited car parking and are busy areas.



Toilets

Toilets will be available at the following locations:

- Waibls Farm - Start Line
- Ohinetahi Bush Car Park
- Sign of the Kiwi (Public Toilet a few meters off course)
- Sugarloaf Reserve Car Park (Comms Tower Car Park)
- Top of Rapaki
- Hansen Park

Timing mats

Timing mats/sensors will be at the following locations:

- Waibls Farm
- Sugarloaf Reserve Car Park (Comms Tower Car Park)
- Mt Vernon/ Summit Rd
- Hansen Park
- Secret mat location somewhere on the course, look out for it!

Course markings

Although the course is well marked with yellow directional signs, orange ribbons and marshals at crucial direction points we advise that you research the course and become familiar.



Road crossings & Traffic Management

All roads on the course are open to traffic. The courses are designed to minimise the use of open roads but at times you will be required to cross open roads.

Marshall and traffic management are located at all road crossings, you must follow their directions unless it is unsafe to do so. Be aware of traffic on the roads, some vehicle drivers may not stop when asked so please be careful.

When the course uses the sealed road, you will be instructed which side of the road you must run on.

Public and Mountain Bikers

All trails are open to the public – you may encounter walkers, runners and mountain bikers throughout the course.

Please respect the public using these trails, and co-operate in making room when passing. Give them notice that you are passing them - call 'Runner', 'G'day', 'Morning' etc and pass with care.

Please always give way to all mountain bikers – bikers have right of way on all the Mountain Bike trails the course uses – the two mains being Taramea/ Montgomery Spur Track and Bowenvale Traverse. Bikes hurt! Stay out of their way.

Tail End Charlies

All events will have a tail end Charlie to ensure we get everyone off the course at the end of the race.

Tail end charlies are cool dudes and dude-ettes who will support you all the way, but they WILL remove a competitor whom he/she believes is not sufficiently prepared to safely complete the course.

Cut Off Times

Strict cut offs will apply in the Bellbird Buster::

15:45pm – Sugarloaf Car Park (17.5km approx.)

Cut off times are used to ensure the safety of our competitors and marshals.

In the event you miss the cut off times you will be offered a ride back to the start/finish line as soon as an organisers vehicle becomes available.

Retiring from the Race

If you unfortunately need to retire from the race, please advise a race official/ marshal – this ensures we know you have retired, and we know you are safely off the course.

In the event you have to retire you will be offered a ride back to the start/finish line as soon as an organisers vehicle becomes available.

Course Restrictions

Private Land

A small section of the course travels through Private Farmland from Gebbies Pass to the beginning of the Crater Rim walk trail on Summit Road. We are very lucky and appreciate the landowners allowing us access to the land for the Sunday event. The land is closed to public at all other times through the year – please do not enter this land at any other times.

Lambing Times

The course from Diamond harbour through to Gebbies Pass, even though a public path, normally closes for Lambing from 8th August to 15th October, we have special permission to use the trails on the 15th October for the event. Please respect this closure and take guidance the DOC website for the Mount Herbert Walkway/Te Ahu Patiki and Te Ara Pātaka restrictions.



Headphones

No headphones are to be worn on the course.
You will need to hear and follow the instructions of marshals.
Don't miss out on the bird song and rustle of the trees in the wind!

Finish line

The Bellbird Buster 30k finishes in Hansen Park.

Note: Please see above 'Race HQ – Hansen Park' for information on facilities available



Prizegiving & Awards

You've just completed the Bellbird Buster 30km – Get yourself to the awards to bag a deserved spot prize or collect that well-earned medal or trophy!

Awards will be held at Hansen Park in the marquee- see '*timetable*' for details.

Spot prizes will be awarded on a ticket system – In your registration pack we will provide a ticket printed with your race number – bring this with you to the prizegiving and place in the designated box to be in for a chance of a spot prize.

Photos

Photographers will be roaming the courses throughout the day – if you see a camera throw it a smile!

Race day photos will be available from 16/10/23

Photos for 2023 are available from: <http://www.photos4sale.co.nz/>

Contacts

Should you have any concerns or niggling questions please contact the Crater Rim team at secretary@porthillsathletic.org.nz

Local Info

Course Weather- <https://www.metservice.com/towns-cities/regions/christchurch/locations/banks-peninsula>

City Weather- <https://www.metservice.com/towns-cities/locations/christchurch>
<https://www.summitroadsociety.org.nz/about-the-port-hills/port-hills-webcam/>

Things to do – <https://www.christchurchnz.com/explore/activities-attractions>

What's on- https://www.ccc.govt.nz/news-and-events/whats-on/?gclid=CjwKCAiAxvGfBhB-EiwAMPakqvYLhSbzVcAN6-NRpoyf9sR1z-Y4lvdxZYQaC88kVCOD8NPBcpm5hoCQe0QAvD_BwE

Plan your trip- <https://www.newzealand.com/int/christchurch/>

Local Running Club- <https://porthillsathletic.org.nz/>

Accommodation in Christchurch- There are many accommodation options within the city of Christchurch all within a short distance of green parks, beaches, river trails, quiet bays and the pinnacle of the city our lovely Port Hills.

